
Unit 2 Assessment Matrix – New Candidate

Unit 2 -The Application of Supervision and Rescue in a Swimming Pool

Candidate Name: _____

Trainer Assessor Name: _____

Trainer Assessor Signature _____

Trainer Assessor Number _____

Date _____

This sheet needs to be completed by the Trainer Assessor after completion of each part of the training. It will show a continuous record of the training delivered and competency satisfactorily assessed.

Element 5 - The Lifeguard, the Law, Regulations and Codes of Practice

The candidate understands and is able to demonstrate a general awareness of the impact on their role as a lifeguard of the following:

| Legislation | Attended Training | Assessed as Competent |
|---|--------------------------|--------------------------|
| Health and Safety at Work Act 1974 | <input type="checkbox"/> | <input type="checkbox"/> |
| Management of Health and Safety at Work Regulations 1999 | <input type="checkbox"/> | <input type="checkbox"/> |
| Principles of risk assessment | <input type="checkbox"/> | <input type="checkbox"/> |
| COSHH including an understanding of related risk assessment | <input type="checkbox"/> | <input type="checkbox"/> |
| PPE | <input type="checkbox"/> | <input type="checkbox"/> |
| Electricity at Work | <input type="checkbox"/> | <input type="checkbox"/> |
| Manual Handling | <input type="checkbox"/> | <input type="checkbox"/> |
| Fire Precautions Regulations | <input type="checkbox"/> | <input type="checkbox"/> |

Essential paperwork

| | | |
|---------------------|--------------------------|--------------------------|
| Maintenance records | <input type="checkbox"/> | <input type="checkbox"/> |
| Reporting faults | <input type="checkbox"/> | <input type="checkbox"/> |
| Accident reports | <input type="checkbox"/> | <input type="checkbox"/> |
| Incident reporting | <input type="checkbox"/> | <input type="checkbox"/> |
| Training records | <input type="checkbox"/> | <input type="checkbox"/> |

Element 6 - The Swimming Pool and the Role of the Lifeguard

The candidate is able to explain how different pool designs influence water safety and bather management and how his or her role can have a positive impact on safe pool operation.

| | Attended Training | Assessed as Competent |
|---|--------------------------|--------------------------|
| Pool design features and risk factors | <input type="checkbox"/> | <input type="checkbox"/> |
| Equipment and storage | <input type="checkbox"/> | <input type="checkbox"/> |
| Equipment maintenance and logging of checks | <input type="checkbox"/> | <input type="checkbox"/> |
| Cleanliness and hygiene | <input type="checkbox"/> | <input type="checkbox"/> |
| Pool cleaning | <input type="checkbox"/> | <input type="checkbox"/> |
| Pre-swim hygiene | <input type="checkbox"/> | <input type="checkbox"/> |
| Personal safety equipment | <input type="checkbox"/> | <input type="checkbox"/> |

Element 7 – Normal Operating Plans

The candidate understands the content of a Normal Operating Plan.

| | | |
|---|--------------------------|--------------------------|
| Content of a model Normal Operating Plan | <input type="checkbox"/> | <input type="checkbox"/> |
| The application of a Normal Operating Plan | <input type="checkbox"/> | <input type="checkbox"/> |
| Pool zoning and rotation for this pool | <input type="checkbox"/> | <input type="checkbox"/> |
| Programming and general swimming sessions | <input type="checkbox"/> | <input type="checkbox"/> |
| Special activities, clubs, galas and private hire | <input type="checkbox"/> | <input type="checkbox"/> |
| Pool capacity and maximum bather load | <input type="checkbox"/> | <input type="checkbox"/> |
| Uniform | <input type="checkbox"/> | <input type="checkbox"/> |
| Professional behaviour | <input type="checkbox"/> | <input type="checkbox"/> |
| Pool admissions policies | <input type="checkbox"/> | <input type="checkbox"/> |
| Working alone | <input type="checkbox"/> | <input type="checkbox"/> |
| Effective communications | <input type="checkbox"/> | <input type="checkbox"/> |
| Child Protection | <input type="checkbox"/> | <input type="checkbox"/> |

Element 8 – Emergency Action Plans

The guided learning time for this section is a minimum of one hour including assessment. At the conclusion of this element candidates will be able to understand the requirements of an Emergency Action Plan, how it might be applied in the workplace, what the roles of the individuals are and how to respond in an emergency situation.

| | | |
|---|--------------------------|--------------------------|
| Content of a model Emergency Action Plan | <input type="checkbox"/> | <input type="checkbox"/> |
| Application of an Emergency Action Plan | <input type="checkbox"/> | <input type="checkbox"/> |
| The role of each person in the plan | <input type="checkbox"/> | <input type="checkbox"/> |
| Incident management | <input type="checkbox"/> | <input type="checkbox"/> |
| Signs of problems | <input type="checkbox"/> | <input type="checkbox"/> |
| Recognition of emergency, body language and play acting | <input type="checkbox"/> | <input type="checkbox"/> |
| Alarm systems and pool evacuations | <input type="checkbox"/> | <input type="checkbox"/> |
| Crowd management | <input type="checkbox"/> | <input type="checkbox"/> |

Element 9 - Provision and Use of Play Equipment in Swimming Pools

The candidate can explain the safety requirements for the use of play equipment, how activity sessions may be supervised and the impact of bather behaviour on safety.

| | Attended Training | Assessed as Competent |
|--|--------------------------|------------------------------|
| Logging of maintenance and equipment checks | <input type="checkbox"/> | <input type="checkbox"/> |
| Inflatable and non-inflatable toys and structures | <input type="checkbox"/> | <input type="checkbox"/> |
| Supervision of activities, numbers and positions of lifeguards | <input type="checkbox"/> | <input type="checkbox"/> |
| Play sessions, theory and practice | <input type="checkbox"/> | <input type="checkbox"/> |
| Customer service and the company policy | <input type="checkbox"/> | <input type="checkbox"/> |
| Dealing with incidents and accidents | <input type="checkbox"/> | <input type="checkbox"/> |
| Storage procedures and manual handling requirements | <input type="checkbox"/> | <input type="checkbox"/> |

Element 10 - Diving and Jumping in Swimming Pools

The candidate is able to demonstrate an understanding of diving and jumping safety through being able to explain the safety requirements that are necessary when diving activities are taking place, supervision methods for accident prevention and how diving stages and boards can impact on bather safety.

| | | |
|--|--------------------------|--------------------------|
| Principles of safe diving | <input type="checkbox"/> | <input type="checkbox"/> |
| When no diving is the rule | <input type="checkbox"/> | <input type="checkbox"/> |
| Types of dive from the poolside | <input type="checkbox"/> | <input type="checkbox"/> |
| Competitive starts and swimming galas | <input type="checkbox"/> | <input type="checkbox"/> |
| Starting blocks | <input type="checkbox"/> | <input type="checkbox"/> |
| Diving boards, diving pools and diving areas | <input type="checkbox"/> | <input type="checkbox"/> |
| Controlling the diving area, in and out of use | <input type="checkbox"/> | <input type="checkbox"/> |
| Safety signs | <input type="checkbox"/> | <input type="checkbox"/> |
| Dealing with incidents and accidents | <input type="checkbox"/> | <input type="checkbox"/> |

Element 11 - Flumes, Waterslides and other Water Features in Swimming Pools

The candidate is able to demonstrate an understanding of the flume and waterslide safety by being able to explain the safety requirements for their use.

| | | |
|---|--------------------------|--------------------------|
| Dealing with incidents and accidents | <input type="checkbox"/> | <input type="checkbox"/> |
| Systems of control | <input type="checkbox"/> | <input type="checkbox"/> |
| Methods of entry and exit | <input type="checkbox"/> | <input type="checkbox"/> |
| Normal Operating Procedures and Emergency Action Plan | <input type="checkbox"/> | <input type="checkbox"/> |
| Signs and rules | <input type="checkbox"/> | <input type="checkbox"/> |
| Dealing with incidents and accidents | <input type="checkbox"/> | <input type="checkbox"/> |
| Maintenance and logging/records | <input type="checkbox"/> | <input type="checkbox"/> |

When Unit 1 and Unit 2 have been successfully completed and assessed for each new candidate the New Candidate Assessment Report form should be then completed and sent to IQL for processing (see sample form on following page).